

MARCH 2010

Mon	Tue	Wed	Thu	Fri
1 Grilled Ham & Cheese Sandwich Baked Breaded Onion Rings Bread & Butter Pickles Pear Cup Animal Crackers Milk	2 Pepperoni Pizza Tossed Salad Crouton Cup Fresh Apple Milk	3 Salisbury Steak w/gravy Mashed Potatoes Steamed Carrots Dinner Roll Vanilla Wafers Milk	4 Chicken, Broccoli, Cheese & Rice Casserole Tossed Salad Crouton Cup Cornbread Milk	5 Tuna Fish Sub Baked Tater Tots Lettuce & Tomato Cup Bread & Butter Pickles Applesauce Cup Milk
8 Grilled Hotdog on Bun Vegetarian Baked Beans Baby Carrots w/dip Gelatin w/fruit Goldfish Cup Milk	9 Baked Ziti w/meat sauce & cheese Tossed Salad Fresh Apple Italian Bread Milk	10 Soft Chicken Taco w/cheese Lettuce & Tomato Cup Salsa Cup Spanish Rice **Soft Pretzel** Milk	11 Cheeseburger on Bun Baked French Fries Lettuce & Tomato Cup Dill Pickle spears Graham Crackers Milk	12 Homemade Macaroni & Cheese Steamed Green Beans Fruit Mix Cup Wheat Roll Milk
15 Deli Turkey & Cheese Wrap Lettuce & Tomato Cup Baked Tater Tots Applesauce Cup Mini Pretzel Cup Milk	16 Homemade Cheese Pizza Tossed Salad Crouton Cup Fresh Apple Milk	17 Shepherds Pie w/ground beef, corn & mashed potatoes Tossed Salad Crouton Cup Wheat Roll Milk	18 Sloppy Joe on Bun Vegetarian Baked Beans Baby Carrots w/dip Peach Cup Elf Grahams Milk	19 Baked Breaded Fish Nuggets Macaroni & Cheese Steamed Green Beans Apple Slices w/cinnamon Cornbread Milk
22 Pancakes w/syrup Sausage Links Hash Brown Patty Orange Juice Cup Milk	23 Pasta Shells w/meat sauce Tossed Salad Crouton Cup Fresh Apple Italian Bread Milk	24 Cheeseburger on Bun Baked French Fries Lettuce & Tomato Cup Dill Pickle Spears Graham Crackers Milk	25 Roasted Turkey w/gravy Mashed Potatoes Bread Stuffing Steamed Peas & Carrots Cranberry Sauce Wheat Roll Milk	26 Homemade Tomato Soup Grilled Cheese Sandwich Wheat Crackers Fruit & Nut Mix Milk
29 Nachos w/seasoned meat, cheese sauce & salsa Baby Carrots w/dip Mandarin Orange Cup **Soft Pretzel** Milk	30 Pepperoni Pizza Tossed Salad Crouton Cup Fresh Apple Milk	31 Grilled Ham Slice Mashed Potatoes Steamed Corn Pineapple Cup Dinner Roll Brownie w/nuts Milk	<i>The children have a choice of 1% chocolate or 2% white milk with each meal. USDA is an equal opportunity employer and provider.</i>	**This item is offered to 7th & 8th grade students only to meet the NSLP nutritional requirements.**

